## Dinner Entrées

## Ground Beef Steak®

House ground brisket and Chuck, Chargrilled and served with Onion Gravy

## 4 oz. Filet Mignon on Toast point

Grilled and seasoned.

# Chef's Pasta with Meat Sauce®

Our own home-made Beef & Pork Meat Sauce

## Broiled Salmon Filet

Boneless Baked Salmon Filet

## Grilled Boneless Chicken

Grilled chicken, or Fried on request.

## House Roasted Turkey Dinner®

Tender turkey, roasted to perfection with Herbed Gravy.

### TO COMPANY

## Grilled Ham with Sizzled Pineapple®

FISH N CHIPS (1)

## Hot Roast Beef Sandwich

On bread with Savory Brown gravy

Farmers Ham with Crushed Sizzled Pineapple.

Golden Battered Fish with French Fries\*.
\*No Sauce Served for Diabetics or

## Lunch Feature A ©

Available during Lunch Service

### Catch of the Day®

Low Sodium Diets

Ask your server about today's catch.

#### Dinner Feature A ®

Available during Dinner Service.

#### Each entrée is served with two side orders from the following list:

Mashed Potatoes ©
French Fries ©
Cole Slaw
Celery Sticks ©

Macaroni & Cheese ©
Vegetable of the Day ©
Baked or Sweet Potato
Cottage Cheese©

Fresh Broccoli ©
Dinner Salad ©

weet Potato Fries ©
House Made Potato Chips
©

# Sandwiches



Cheese grilled in-between two slices of bread. How can you go wrong?

### Egg Salad Sandwich @

Diced eggs and salad dressing, lightly seasoned, on white or wheat bread.



The old traditional, bacon, lettuce and tomato on white or wheat bread, lightly covered with salad dressing.

### Chicken Bacon Ranch Wrap ©

Grilled chicken with bacon, cheese, lettuce, tomato & ranch rolled into a wrap.

## BIG Hot Dog@

An American classic, served on a bun.

### <u>Garden Vegetable</u> <u>Burger</u> ©

A lightly grilled patty, served on a bun with lettuce and tomato.

### Build Your Own Burger 2

#### Cheese Varieties

American Swiss Frovolone Pepper jack

### **Toppings**

Onions- Raw or Sautéed

Mushrooms

Bacon

Lettuce Tomato Pickles

### Build Your Own Sandwich

#### **Bread Choices**

White② Wheat②

Rye<sup>2</sup>

#### Meat

Turkey Ham

Roast Beef Egg, Tuna or Chicken salad

#### Cheese

S American
S Provolone
Pepper jack

#### Toppings

Lettuce Tomato Bacon Onions-Raw

Sandwiches are served with your choice of soup or one side item.

#### Sauces

Mayonnaise Bistro Sauce Mustard

# Soups & Salads



### Chef Salad ®

Lettuce topped with cheddar cheese, julienned turkey and ham, tomatoes and Cucumbers, sliced eggs.

All Stocks made in House!! Smato Soup Soup Du Jour 1

### House Trinity Salad

Chicken, Tuna and egg salad, Cottage cheese, Tomatoes, Cucumbers and Shaved Pickled red onions.

#### Summer Salad

Greens, Apples, Mandarins Candied Pecan, Cucumber, Tomato. Blue Cheese with Raspberry Vinaigrette

### Waldorf Salad2

Apples, Walnuts, Grapes in Mayonnaise on Bed of Butter Lettuce.

## Chicken Oriental

Breaded chicken tenders sliced and covered with a rich honey sesame sauce, on a bed of romaine, lettuce and cabbage.

We currently offer the following dressings for our salads: Caesar Bleu Cheese Lite Italian Raspberry French Peppercorn Ranch **Vinaigrette** 

## Desserts & Fruits

NSA Pudding@ Banana<sup>2</sup> NSA Ice Cream<sup>2</sup> NSA Gelatin<sup>®</sup> Fresh Fruit(1) SF COOKIES<sup>2</sup>

Yogurt<sup>®</sup> Dessert Of The Day 1 Applesauce<sup>①</sup>

NSA: no sugar added

The salt shakers denote items that are higher in sodium. If you have a restriction on sodium, these are choices you should avoid when able.



#### Diabetic Diets

- Choose lean meats and low-fat dairy products.
- -Choose 3-4 Carbohydrates each meal. Example:

Carbs	
0 Carbs	Protein/Lean Meat-No bread or skin
0 Carbs	Vegetable (peas or corn 1 carb)
2 Carbs	2 Starches (ex. Dinner roll & potato)

1 Carb Fruit Item
1 Carb Large Milk

# <u>Beverages</u>

Orange Juice<sup>②</sup>
1% Milk<sup>①</sup>
Hot Chocolate<sup>①</sup>
Soda also available.

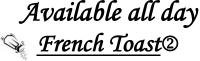
Apple Juice<sup>©</sup>
Chocolate Milk<sup>®</sup>
Tomato Juice<sup>®</sup>
Lactose Free Milk<sup>®</sup>

Cranberry Juice<sup>©</sup>
Prune Juice<sup>®</sup>
Hot Tea<sup>®</sup>
Iced sweet or regular
Tea<sup>®</sup>



#### The Basic<sup>2</sup>

Two eggs, prepared as you like them, hash browns, toast and your choice of bacon or sausage.



Two slices of golden French toast, served your choice of bacon or sausage.



Two pancakes, served with choice of bacon or sausage.

\*\*Omit bacon/sausage for Low Sodium.

\*\*Omit bacon/sausage or Ham for Low Sodium.
SPECIAL BREAKFAST DAILY

## Available Upon Request:

Cream of Wheat<sup>①</sup>
Corn Flakes<sup>①</sup>
Cheerios<sup>①</sup>
Toast<sup>②</sup>

Oatmeal<sup>©</sup> Raisin Bran<sup>©</sup> English Muffin<sup>©</sup> Waffle© Rice Krispies① Assorted Cereals©