

Dinner Entrées



Ground Beef Steak ①

House ground brisket and Chuck, Chargrilled and served with Onion Gravy

4 oz. Filet Mignon on Toast point

Grilled and seasoned.



Chef's Pasta with Meat Sauce ③

Our own home-made Beef & Pork Meat Sauce

Broiled Salmon Filet

①

Boneless Baked Salmon Filet

Grilled Boneless Chicken

①

Grilled chicken, or Fried on request.

House Roasted Turkey

Dinner ①

Tender turkey, roasted to perfection with Herbed Gravy.



Grilled Ham with Sizzled Pineapple ①

Farmers Ham with Crushed Sizzled Pineapple.

FISH N CHIPS ①

Golden Battered Fish with French Fries*.

*No Sauce Served for Diabetics or Low Sodium Diets

Hot Roast Beef Sandwich

On bread with Savory Brown gravy

Lunch Feature A ①

Available during Lunch Service

Catch of the Day ①

Ask your server about today's catch.

Dinner Feature A ①

Available during Dinner Service.

Each entrée is served with two side orders from the following list:

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|--------------------------|--------------------------------|--------------------------------|
| <u>Mashed Potatoes</u> ① | <u>Macaroni & Cheese</u> ① | <u>Fresh Broccoli</u> ① |
| <u>French Fries</u> ① | <u>Vegetable of the Day</u> ① | <u>Dinner Salad</u> ① |
| <u>Cole Slaw</u> | <u>Baked or Sweet Potato</u> | <u>Sweet Potato Fries</u> ① |
| <u>Celery Sticks</u> ① | <u>Cottage Cheese</u> ① | <u>House Made Potato Chips</u> |
| | | ① |

Sandwiches



Grilled Cheese Sandwich ②

Cheese grilled in-between two slices of bread. How can you go wrong?


Egg Salad Sandwich ②

Diced eggs and salad dressing, lightly seasoned, on white or wheat bread.



BLT ②

The old traditional, bacon, lettuce and tomato on white or wheat bread, lightly covered with salad dressing.



Chicken Bacon Ranch Wrap ②

Grilled chicken with bacon, cheese, lettuce, tomato & ranch rolled into a wrap.



BIG Hot Dog ②


An American classic, served on a bun.

Garden Vegetable Burger ②

A lightly grilled patty, served on a bun with lettuce and tomato.

Build Your Own Burger ②

Cheese Varieties



American
Swiss
Provolone
Pepper jack

Toppings

Onions- Raw or Sautéed
Mushrooms
Bacon
Lettuce
Tomato
Pickles

Sauces



BBQ
Bleu Cheese

Build Your Own Sandwich

Bread Choices


White ②
Wheat ②
Rye ②

Meat



Turkey
Ham
Roast Beef
Egg, Tuna or Chicken salad

Cheese



American
Swiss, Provolone
Pepper jack

Toppings



Lettuce
Tomato
Bacon
Onions-Raw

Sandwiches are served with your choice of soup or one side item.

Sauces

Mayonnaise
Bistro Sauce
Mustard

Soups & Salads

 Chef Salad ①

Lettuce topped with cheddar cheese, julienned turkey and ham, tomatoes and Cucumbers, sliced eggs.

House Trinity Salad

Chicken, Tuna and egg salad, Cottage cheese, Tomatoes, Cucumbers and Shaved Pickled red onions.

Waldorf Salad ②

Apples, Walnuts, Grapes in Mayonnaise on Bed of Butter Lettuce.

All Stocks made in House!!

 Tomato Soup

Soup Du Jour ①

Summer Salad

Greens, Apples, Mandarins, Candied Pecan, Cucumber, Tomato, Blue Cheese with Raspberry Vinaigrette

Chicken Oriental

Salad ②

Breaded chicken tenders sliced and covered with a rich honey sesame sauce, on a bed of romaine, lettuce and cabbage.

We currently offer the following dressings for our salads:

French Peppercorn Ranch Caesar Bleu Cheese Lite Italian Raspberry Vinaigrette

Desserts & Fruits

NSA Pudding ②

Banana ②

NSA Ice Cream ②

NSA Gelatin ①

Fresh Fruit ①

SF COOKIES ②

Yogurt ①

Dessert Of The Day ①

Applesauce ①

NSA: no sugar added

The salt shakers denote items that are higher in sodium. If you have a restriction on sodium, these are choices you should avoid when able.



Diabetic Diets


- Choose lean meats and low-fat dairy products.
 - Choose 3-4 Carbohydrates each meal.
- Example:

Carbs	
0 Carbs	Protein/Lean Meat-No bread or skin
0 Carbs	Vegetable (peas or corn 1 carb)
2 Carbs	2 Starches (ex. Dinner roll & potato)

1 Carb 1 Carb	Fruit Item Large Milk
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Beverages

*Orange Juice*②
*1% Milk*①
*Hot Chocolate*①
Soda also available.


*Apple Juice*②
*Chocolate Milk*②
 *Tomato Juice*①
*Lactose Free Milk*①

*Cranberry Juice*②
*Prune Juice*③
*Hot Tea*①
*Iced sweet or regular Tea*①

Available all day

 *The Basic*②
 Two eggs, prepared as you like them, hash browns, toast and your choice of bacon or sausage.

 *French Toast*②
 Two slices of golden French toast, served your choice of bacon or sausage.

 *Pancakes*②
 Two pancakes, served with choice of bacon or sausage.

****Omit bacon/sausage for Low Sodium.**

****Omit bacon/sausage or Ham for Low Sodium.**
SPECIAL BREAKFAST DAILY

Available Upon Request:

*Cream of Wheat*①
*Corn Flakes*①
*Cheerios*①
*Toast*②

*Oatmeal*①
*Raisin Bran*①
*English Muffin*②

*Waffle*②
*Rice Krispies*①
*Assorted Cereals*②