

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p>1 10:30 Conversation, Relax & Hydrate on the Patio 11:00 Lunch 1:00 Movie Matinee 3:30 Rest before Dinner</p> <p>New Year's Day</p>	<p>2 10:00 Sit-ercise & Hydration 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Exploring Nature & Hydration 3:30 Rest before Dinner</p>	<p>3 9:30 Chapel w/Pastor Chuck 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Bingo 3:30 Rest before Dinner</p>	<p>4 9:00 Sightseeing Ride or Travel Video 11:00 Lunch 12:00 Let's Rest after Lunch 1:30 Creative Crafts 2:30 What's Happening? 3:30 Rest before Dinner</p>	<p>5 10:00 Sit-ercise & Hydration 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Bingo 3:30 Rest before Dinner</p>	<p>6 10:00 Sit-ercise & Hydration 11:00 Lunch 12:00 Let's Rest after Lunch 2:00 Entertainer, Mark Raisch (AS1) 3:30 Rest before Dinner</p>	<p>7 10:00 Conversation & Hydration on the Patio 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Brain Games/Trivia 2:00 Indoor Sports 3:30 Rest before Dinner</p>		
<p>8 10:30 Conversation, Relax & Hydrate on the Patio 11:00 Lunch 1:00 Movie Matinee 3:30 Rest before Dinner</p>	<p>9 10:00 Sit-ercise & Hydration 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Exploring Nature & Hydration 2:00 Games at the Table 3:30 Rest before Dinner</p>	<p>10 9:30 Chapel w/Pastor Chuck 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Bingo 3:30 Rest before Dinner</p>	<p>11 9:00 Sightseeing Ride or Travel Video 11:00 Lunch 12:00 Let's Rest after Lunch 2:00 Entertainer, Just Mike (AS1) 3:30 Rest before Dinner</p>	<p>12 10:00 Sit-ercise & Hydration 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Bingo 3:30 Rest before Dinner</p>	<p>13 10:00 Sit-ercise & Hydration 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Spa Hand Massage 2:00 Color My World 3:30 Rest before Dinner</p>	<p>14 10:00 Conversation & Hydration on the Patio 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Brain Games/Trivia 2:00 Indoor Sports 3:30 Rest before Dinner</p>		
<p>15 10:30 Conversation, Relax & Hydrate on the Patio 11:00 Lunch 1:00 Movie Matinee 3:30 Rest before Dinner</p>	<p>16 10:00 Sit-ercise & Hydration 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Exploring Nature & Hydration 2:00 Games at the Table 3:30 Rest before Dinner</p> <p>Martin Luther King Jr. Day</p>	<p>17 9:30 Chapel w/Pastor Chuck 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Bingo 2:30 Hearts of Gold Dogs 3:30 Rest before Dinner</p>	<p>18 9:00 Sightseeing Ride or Travel Video 11:00 Lunch 12:00 Let's Rest after Lunch 1:30 Creative Crafts 2:30 What's Happening? 3:30 Rest before Dinner</p>	<p>19 10:00 Sit-ercise & Hydration 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Bingo 3:30 Rest before Dinner</p>	<p>20 10:00 Sit-ercise & Hydration 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 2:00 Karen Hall Trio (AS1) 3:30 Rest before Dinner</p>	<p>21 10:00 Conversation & Hydration on the Patio 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Brain Games/Trivia 2:00 Indoor Sports 3:30 Rest before Dinner</p>		
<p>22 10:30 Conversation, Relax & Hydrate on the Patio 11:00 Lunch 1:00 Movie Matinee 3:30 Rest before Dinner</p> <p>Chinese New Year (Year of the Rabbit)</p>	<p>23 10:00 Sit-ercise & Hydration 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Exploring Nature & Hydration 2:00 Games at the Table 3:30 Rest before Dinner</p> <p>Activity Professionals Week</p>	<p>24 9:30 Chapel w/Pastor Chuck 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Bingo 3:30 Rest before Dinner</p>	<p>25 9:00 Sightseeing Ride or Travel Video 11:00 Lunch 12:00 Let's Rest after Lunch 2:00 Entertainer, Dan Flok (AS1) 3:30 Rest before Dinner</p>	<p>26 10:00 Sit-ercise & Hydration 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Bingo 3:30 Rest before Dinner</p> <p>Australia Day (observed)</p>	<p>27 10:00 Sit-ercise & Hydration 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Spa Hand Massage 2:00 Color My World 3:30 Rest before Dinner</p>	<p>28 10:00 Conversation & Hydration on the Patio 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Brain Games/Trivia 2:00 Indoor Sports 3:30 Rest before Dinner</p>		
<p>29 10:30 Conversation, Relax & Hydrate on the Patio 11:00 Lunch 1:00 Movie Matinee 3:30 Rest before Dinner</p>	<p>30 10:00 Sit-ercise & Hydration 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Exploring Nature & Hydration 2:00 Games at the Table 3:30 Rest before Dinner</p>	<p>31 9:30 Chapel w/Pastor Chuck 10:30 What's Happening? 11:00 Lunch 12:00 Let's Rest after Lunch 1:00 Bingo 3:30 Rest before Dinner</p>	 <p>January 2023</p>					