

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2023

9:00 Sightseeing Ride or Travel Video  
**10:00 "Sweet Notes" Ukulele's-East**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:30 What's Happening?  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:00 Bingo  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:00 Nickel Game  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:00 Brain Games/Trivia  
 2:00 Indoor Sports  
 3:30 Rest before Dinner

10:30 Conversation, Relax & Hydrate on the Patio  
 11:00 Lunch  
 1:00 Movie Matinee  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
**1:30 "Windsong" Flute Ensemble-West**  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:00 Creative Crafts  
 3:30 Rest before Dinner

9:00 Sightseeing Ride or Travel Video  
**10:00 "Sweet Notes" Ukulele's-West**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:30 What's Happening?  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:00 Bingo  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:00 Nickel Game  
**2:00 Music w/Bonnie & Cliff**  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:00 Brain Games/Trivia  
 2:00 Indoor Sports  
 3:30 Rest before Dinner

10:30 Conversation, Relax & Hydrate on the Patio  
 11:00 Lunch  
 1:00 Movie Matinee  
 3:30 Rest before Dinner  
 Daylight Saving Time Begins

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:00 Exploring Nature & Hydration  
 2:00 Games at the Table  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:00 Creative Crafts  
 3:30 Rest before Dinner

9:00 Sightseeing Ride or Travel Video  
**10:00 "Sweet Notes" Ukulele's-East**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:30 What's Happening?  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:00 Bingo  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:00 Nickel Game  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:00 Brain Games/Trivia  
 2:00 Indoor Sports  
 3:30 Rest before Dinner

10:30 Conversation, Relax & Hydrate on the Patio  
 11:00 Lunch  
 1:00 Movie Matinee  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:00 Exploring Nature & Hydration  
 2:00 Games at the Table  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:00 Creative Crafts  
**2:30 Therapy Dogs**  
 3:30 Rest before Dinner

9:00 Sightseeing Ride or Travel Video  
**10:00 "Sweet Notes" Ukulele's-West**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:30 What's Happening?  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:00 Bingo  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
**2:00 Music w/Bonnie & Cliff**  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:00 Brain Games/Trivia  
 2:00 Indoor Sports  
 3:30 Rest before Dinner

10:30 Conversation, Relax & Hydrate on the Patio  
 11:00 Lunch  
 1:00 Movie Matinee  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:00 Exploring Nature & Hydration  
 2:00 Games at the Table  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
**2:00 "Strumming Sisters" Ukulele's-East**  
 3:30 Rest before Dinner

9:00 Sightseeing Ride or Travel Video  
**10:00 "Sweet Notes" Ukulele's-East**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:30 What's Happening?  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest After Lunch  
 1:00 Bingo  
 3:30 Rest before Dinner

**10:00 Walking Club**  
 11:00 Lunch  
 12:00 Rest after Lunch  
 1:00 Nickel Game  
 3:30 Rest before Dinner