

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

SEPTEMBER 2023

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| | | | | | | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:00 Exercise w/Neil 2:00 Entertainer, Mark Raisch (TH) 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:30 Coffee & Games 2:00 Indoor Sports 3:00 Rest before Dinner</p> |
| <p>10:30 Conversation, Relax & Hydrate on the Patio 11:00 Lunch 1:30 Movie Matinee 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 10:30 Make 'Em Laugh 11:00 Lunch 12:00 Rest after Lunch 1:00 NO Exercise w/Neil today 2:00 Games at the Table 3:00 Rest before Dinner</p> <p>Labor Day</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:30 Creative Colors 2:00 What's Happening? 3:00 Rest before Dinner</p> | <p>10:00 Flutist Nancy - West 11:00 Lunch 1:30 Bingo 2:30 Indoor Sports 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:30 Coffee, Conversation & Games at the Table 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:00 Exercise w/Neil 2:00 Bingo 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:30 Coffee & Games 2:00 Indoor Sports 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:00 Exercise w/Neil 2:00 Entertainers, Karen Hall Trio (TH) 3:00 Rest before Dinner</p> <p>Rosh Hashanah Begins</p> |
| <p>10:30 Conversation, Relax & Hydrate on the Patio 11:00 Lunch 1:30 Movie Matinee 3:00 Rest before Dinner</p> <p>Grandparents Day</p> | <p>10:00 Garden Stroll 10:30 Make 'Em Laugh 11:00 Lunch 12:00 Rest after Lunch 1:00 Exercise w/Neil 2:00 Games at the Table 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:30 Creative Colors 2:00 What's Happening? 3:00 Rest before Dinner</p> | <p>10:00 Flutist Nancy - West 11:00 Lunch 1:30 Bingo 2:30 Indoor Sports 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:30 Coffee, Conversation & Trivia 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:00 Exercise w/Neil 2:00 Entertainers, Karen Hall Trio (TH) 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:30 Coffee & Games 2:00 Indoor Sports 3:00 Rest before Dinner</p> <p>Oktoberfest Begins</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:30 Coffee, Conversation & Trivia 3:00 Rest before Dinner</p> |
| <p>10:30 Conversation, Relax & Hydrate on the Patio 11:00 Lunch 1:30 Movie Matinee 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 10:30 Make 'Em Laugh 11:00 Lunch 12:00 Rest after Lunch 1:00 Exercise w/Neil 2:00 Games at the Table 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 2:15 Hearts of Gold Dog Visit- East & West 3:00 Rest before Dinner</p> | <p>10:00 Flutist Nancy - West 11:00 Lunch 2:15 Entertainers, Just Us (TH) 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:30 Coffee, Conversation & Trivia 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:00 Exercise w/Neil 2:00 Bingo 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:30 Coffee & Games 2:00 Indoor Sports 3:00 Rest before Dinner</p> <p>Autumn Begins</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:30 Coffee, Conversation & Trivia 3:00 Rest before Dinner</p> |
| <p>10:30 Conversation, Relax & Hydrate on the Patio 11:00 Lunch 1:30 Movie Matinee 3:00 Rest before Dinner</p> <p>Yom Kippur</p> | <p>10:00 Garden Stroll 10:30 Make 'Em Laugh 11:00 Lunch 12:00 Rest after Lunch 1:00 Exercise w/Neil 2:00 Games at the Table 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:15 Root Beer Floats 2:00 "Strumming Sisters" Ukulele's- West 3:00 Rest before Dinner</p> | <p>10:00 Flutist Nancy-West 11:00 Lunch 1:30 Bingo 2:30 Indoor Sports 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 2:00 Entertainment by "The Pilgrims" 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:00 Exercise w/Neil 2:00 Bingo 3:00 Rest before Dinner</p> <p>Sukkot Begins</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:30 Coffee & Games 2:00 Indoor Sports 3:00 Rest before Dinner</p> | <p>10:00 Garden Stroll 11:00 Lunch 12:00 Rest after Lunch 1:30 Coffee & Games 2:00 Indoor Sports 3:00 Rest before Dinner</p> |